



# Julia Moshinova

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**Zest Leaders Consultant**

**In Zest:** since 2007.

**Corporate work experience:** more than 10 years. As it is not confined to the field of psychology, it allows me to feel confident in many professional fields and build a competent dialogue with clients.

**Consultant experience :** design, preparation and implementation of corporate training programs, training and leadership development programs, provision, participation in the sessions of top management, strategic sessions, assessment and selection of participants for development programs, group coaching (creation of individual development plans), group work trainer in effective communication, emotional intelligence, influence and counter influence, motivation management, self-presentation skills.

**Education:** post-graduate student at St. Petersburg State University (Diploma of Faculty of Psychology, major: Social Psychology). Erickson International University (certificate program "Art of transformational coaching "). International Institute for Fairy Tale Therapy, St. Petersburg branch, (therapeutic practitioner, certificate).

**Teaching experience:** I participate in research and teaching activities, communicate and work with the students of psychology and other disciplines. I also participated in children entertainment projects.

**About myself:** I am a resident of Russia's Northern Capital. New people and cities have become my professional interest. Among my real passions are sport, dance, meetings with friends, cats, art, photography, travel and cooking authentic food. And my relationship with psychology.