

Viktoria Yakushkina

Consultant,

Head of Coaching Practice



In ZL: since 2012.

Corporate experience: 10 years. List of previous employers includes one of the “big 4” consulting firms, international advertising agency, Russian executive search agency etc.

HR experience: researcher, recruitment manager, assessment center specialist, head of HR.

Clinical experience: clinical psychologist – psychological diagnostics, psychotherapy, counselling.

Teaching experience: lectures and workshops for clinical psychologists and psychotherapists.

Education: Moscow State University (diploma in organizational psychology), «Assessment Center» certificate (SHL), Saint-Petersburg Psychoneurological Research Institute (diploma and post graduate in clinical psychology). PHD on psychosocial factors of quality of life is work in progress.

About myself: I was born in Moscow. I am sure that sense of humour is one of the most powerful adaptative resources for a human being. For me the best way to deal with a problem or to think about a complicated issue is to have a several hours’ walk through the city. I enjoy walking and thinking both in Moscow and Saint-Petersburg, I have 2 homes because I can't limit myself to only one capital.